

Walking The Path

My will creates the role
For the character my body plays
In the physical world in which it lives.
I manifest myself through this character.

My will individuates my I
By identifying and attaching the I
To what it chooses.
This act separates me from what I am.
I do it to become conscious of who I am.

I can attach myself to the many:
To my body,
To the role my character plays,
To my character's feelings,
Its acts of love or power.
And I can attach myself to the One
Which we all are.
In this existence I live
By and through these attachments.

The world in which my character lives is largely uncontrollable.
Pushing and shoving circumstances to confront my character,
Sometimes making things pleasurable,
And sometimes making things miserable.
I can easily become absorbed
In the highs and lows my character experiences.

I humble the character
So that it is small gentle and open in its world.
This makes it easier for the character
To give without expecting a return,
To recognize its mistakes,
And flexibly change what
It thinks or does according
To the world circumstances
In which it finds itself.

I make the I identify with my will,

That in me which is creator,
Rather than my character,
Which is my creation.
This makes it easier for me
To realize my freedom,
Change my attachments,
And bless my character and its situation.

Then I expand the I so that it embraces the entire world.
So doing, I rediscover who I am
While walking the path
Of eternal ecstasy.