

## Consciousness: I am

Breezing through the tall grass's sway,  
I wonder how I come to be my way.

A non-judgemental awareness I seem to be  
A force conscious of  
All the other things I am - for me:

A soft cotton fuzz of feeling;  
A vegetable garden of desire:  
A mentality of objective rationality;  
A prideful opinionated ego;  
And a butterfly of unpredictability.

And so in the five worlds of feelings, desire, rationality,  
Ego and unpredictability do I live;

Five worlds which I generate by my very  
Consciousness of them.

Through and through I realize that the  
Non-judgemental awareness which I am,  
Has its own being in pure consciousness.